

## Food Fast Participation Evaluation

1 On a scale of 1 to 5, with 5 as excellent, how would you rate our Food Fast?

	POOR		EXCELLENT		
Prayers	1	2	3	4	5
Reflections	1	2	3	4	5
Activities	1	2	3	4	5
Overall	1	2	3	4	5

2 What did you like best about Food Fast? Please explain.

3 What did you not like? Please explain.

4 What did you learn during Food Fast?

5 Why did you want to participate in Food Fast?

6 Would you participate in a Food Fast again? Why or why not?

7 Other comments or suggestions?

**Thank you!**