

Icebreaker: Would You Rather...?

(15 minutes)

1 of 1

FACE THE FAST

Objective

Through this activity participants will play a choice game that offers self-reflection.

Activity Summary

This activity draws participants into critical thinking about global issues relating to hunger and poverty. Beginning with more light-hearted decisions, individual reflection and small group faith-sharing lead to serious thought.

Materials Needed

- tape

Procedure

This activity is best done in a large open space.

Put a long piece of tape down the center of the space. Ask participants to stand on the line.

Read aloud the questions provided or ones you've written, and indicate which side represents which choice. Participants should step to one side or the other depending upon their choice. Each person should choose a side; there should be no one in the middle.

There are no abstentions.

Would you rather...

- Have the power to fly or the power to disappear?
- Watch TV or read a book?
- Live in the city or the country?
- Wake up early or sleep late?
- Live without music or live without T.V.?
- Laugh or make others laugh?
- Not be able to use your phone or your e-mail?
- Go without television or junk food for the rest of your life?
- Give or receive?
- Be able to read everyone's mind all the time or always know their future?
- Make headlines for saving somebody's life or winning a Nobel Prize?
- Make a difference in the world and be unknown or be famous for doing nothing?
- Try everything once with limited success or do one thing with your life and do it very well?
- Be hungry or unemployed?
- End hunger or hatred?

Debrief

After reading the questions ask the large group to discuss:

- How did it feel to be the only one or one of the only ones on your side?
- Did you make your own choices or did you try to guess what other people would choose? Why or why not?
- Did you feel any peer pressure to make one choice over another? Why or why not?
- What types of choices are more important—those that involve you, or those that involve other people?
- Which question did you find hardest to make a decision? Why?
- What new insight did you learn about yourself from these choices?