

# Icebreaker: The Egg Race

(20 minutes)

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FACE THE FAST

## Objective

Through this activity, participants will work together on teams to move an egg as quickly as possible without dropping it.

## Materials Needed

- large spoons, enough so that each team has 2 spoons
- eggs, enough so that each team has 1 egg (*Note:* have extra eggs in case some are broken)
- masking tape

## Preparation

In a large space, place a long piece of tape at one end. Place another long piece of tape about 10 feet from the other piece of tape. Make sure that there is enough room for participants to line up on one side of the tape.

*Option:* Take this activity outside.

## Procedure

Divide participants into teams with an equal number of people. Teams should have no more than 10 members. If a team has fewer people, explain that one of their members will have to go an additional time so that no team has an unfair advantage.

Invite the teams to line up behind one of the taped lines, single file. Give each team 2 spoons and an egg. The first person in line will have a spoon with the egg on it. The second person in line will have a spoon that is empty.

Tell the teams that each member must take the egg to the end of the line and back without dropping it. The egg must stay on the spoon and cannot be touched by hands.

After making the trip down and back, the first person will transfer the egg from his or her spoon to the next person in line who is holding an empty spoon. The egg is passed to the next person in line without using hands. The first team member will hand his or her spoon to the next person in line.

The second person takes the egg to the end of the line and back and then passes it to the next person holding a spoon. This goes on until every person has carried the egg without dropping it.

If the egg is dropped, the team must start over from the person who dropped the egg.

The first team to complete the race wins.

*Option:* Add a challenge to the race by placing obstacles in the path of each team.