

Icebreaker: Acrostic

(20 minutes)

1 of 1

FACE THE FAST

Objective

Through this activity, participants will describe themselves using the letters in their name and then introduce themselves to other participants.

Materials Needed

- paper
- markers
- tape
- pens/pencils

Procedure

Give a piece of paper and a pen or pencil to each participant. Have them write their names vertically along the left side of the paper. Next to each letter, they should write a word or phrase that describes them using that letter. Encourage participants to decorate their papers.

When everyone is finished, ask participants to stand up and introduce themselves and share one or two words they used to describe themselves. If you have a large group, divide into smaller groups and have participants share within that group.

After everyone has been introduced, hang each person's acrostic around the retreat space.

Note: This icebreaker is a good opening activity.

Example

Fun

Opportunity

Offering

Dynamic

Faith

Active

Solidarity with the poor

Teach my community about global issues